

# Contraception Education



Presenting a range of products designed to **promote sexual health and reduce the spread of HIV.AIDS** through safer sex, primarily among young people, in an informative, innovative and fun way....

At the heart of the range, is **Contraception: The Board Game**. Played by up to six people, the game allows open discussion and deep learning about sexual health and contraception in a relaxed, enjoyable yet constructive peer-group setting. Players throw dice to move counters shaped like condoms, pill packets and other contraceptives, around a board. According to where they land, a player picks a card that sparks a discussion on a number of different subjects. It could be anything from the mechanics of sex to dealing with emotional blackmail, but in all there is an emphasis on assertiveness. The aim is to gather information from six places where sexual health and contraception advice is available, ranging from the local doctor to a contraceptive vending machine.

There is also an on-screen version of the board game – **Contraception: the Computer Game** on CD, now also available in French and Spanish, which allows one or two players to engage in safer sex discussions, or larger groups to play the games using LCD projectors/interactive whiteboards.

Complementing the “games” aspect is a range of helpful and informative items for example **www.contraceptioneducation.co.uk** with its resources pages, and **Safer Sex: an Interactive Learning Resource** which comprises short trigger videos, including drama, vox pops and professional contributions. Available on video and DVD it comes complete with a comprehensive book of supplementary information and learning activities.

Providing demonstration samples of barrier methods of protection against sexually transmitted infection, **The Safer Sex Demonstration Kit** also includes dental dams and finger cots. A range of demonstration samples of all the methods of contraception is provided in **The Compact Contraception Demonstration Kit**.

The facilitators’ guides and notes offer practical advice on how to decline unwanted sex and negotiate safer sex in relationships. Products are aimed at all levels of the secondary education system, as well as youth workers, charities and parents.

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**“Know the Game”**